

\* not available in bldg. 407

# NSA MENU

WEEK OF MAY 2<sup>ND</sup> THROUGH 6<sup>TH</sup>

	Monday 02 May	Tuesday 03 May	Wednesday 04 May	Thursday 05 May	Friday 06 May
<b>Morning Eye Openers</b> 	2 Eggs 2 Bacon Strips or Sausage Links Home Fries 2 Toast \$2.50	Hot Cakes Scrambled Eggs & Bacon Strips or Sausage Links \$2.50	Ham & Cheese Omelet w/Home Fries & Toast \$2.75	French Toast w/2 Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 pcs of Toast \$2.75
<b>Grilled Greats</b> 	Nona's Ham Boat Grilled Ham, Bacon & Cheese \$2.85	Jumbo Hot Dog w/Bacon & Cheese \$2.85	Italian Sweet Sausage w/Peppers & Onions Steak Roll \$2.75	Beef Barbeque Sandwich \$2.50	Grilled Cheese \$1.25  Grilled Ham & Cheese \$2.20
<b>Healthy Choice</b> 	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce
<b>Specialty Station</b> 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	PIZZA PEPPERONI \$1.30 MUSHROOM \$1.30  <del>Turkey &amp; Swiss</del>	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Sweet Potato \$1.75	PIZZA  Ham & Cheese Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
<b>Feature Vegetables</b> 	Sliced Carrots Baked Beans Au Gratin Potatoes	Whipped Potatoes w/Gravy Green Beans Corn & Peas	Scalloped Potatoes Succotash Wax Beans	Buttered Corn Zucchini Whipped Potatoes	Chef's Choice Mixed Vegetables French Fries
<b>Daily Special</b> 	Italian Sausage w/2 Vegetables \$3.95	Chicken Pot Pie w/1 Vegetable \$3.95	Chef's Choice \$3.95	Chef's Choice \$3.95	Fried Clam Strips w/French Fries \$4.25
<b>Daily Special</b> 	Chicken Parmesan w/Spaghetti \$3.95 Sandwich \$2.75	Stuffed Beef Rolls w/ choice of 2 Vegetables \$4.25  \$2.05	BBQ Ham Steak w/2 Vegetables \$4.25	Beef Stuffed Pepper w/2 sides \$4.25	Baked Ziti w/ Toast \$3.95
<b>Soup Du Jour</b> 	Vegetable Beef Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Beef Rice Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Ham & Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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# NSA MENU



WEEK OF MAY 9TH THROUGH 13<sup>TH</sup>

	Monday 09 May	Tuesday 10 May	Wednesday 11 May	Thursday 12 May	Friday 13 May
<b>Morning Eye Openers</b> 	Cheese Omelet Home Fries 2 pcs. Toast \$2.75	Baked Potato Omelet \$2.95	Pepper Sausage Gravy over Biscuit \$2.95	French Toast w/2 Eggs & Bacon or Sausage Links \$2.50	Spanish Omelet Home Fries & 2 pcs of Toast \$2.75
<b>Grilled Greats</b> 	Cheeseburger Hoagie \$2.75 add French Fries \$ .75	Meatball Hoagie \$2.75	Grilled Chicken Strips w/Bacon on Steak Roll \$2.75 add Onion Rings \$1.10	Jumbo Hot Dog w/Chili or Sauerkraut \$2.85	Crab Cake Sandwich \$2.50
<b>Healthy Choice</b> 	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce
<b>Specialty Station</b> 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza  8" Tuna Boat \$3.35 Add 8 oz Soup for \$.85	Fried Chicken  Baked Potato Bar \$1.75	Pizza  BLT \$2.25	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
<b>Feature Vegetables</b> 	Chef's Choice	Italian Green Beans	Chefs Choice	Green Beans Whipped Potatoes w/Gravy Buttered Corn Rice	Cream Slaw Steamed Rice Whole Baby Carrots
<b>Daily Special</b> 	Hamburger BBQ w/2 Vegetables \$3.95	<i>Beef-a-Roni</i> w/Toast \$3.95	Chef's Choice	Chef's Choice	Chicken & Waffles \$3.95
<b>Daily Special</b> 	Ham, Potatoes & Green Beans \$3.95	Chicken ala King w/choice of 1 Vegetables \$4.25	Taco Salad \$4.25	Hot Pork Sandwich w/2 Vegetables \$4.25	Chef's Choice
<b>Soup Du Jour</b> 	Split Pea Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Tomato Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Beef Vegetable Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Broccoli Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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# NSA MENU






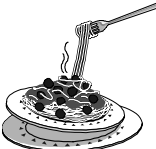


WEEK OF MAY 16<sup>TH</sup> THROUGH 20<sup>TH</sup>

	Monday 16 May	Tuesday 17 May	Wednesday 18 May	Thursday 19 May	Friday 20 May
<b>Morning Eye Openers</b> 	2 Eggs, 2 Bacon or 2 Sausage Links 2 Toast Home Fries \$2.50	Blueberry Pancakes w/Bacon or Sausage Links \$2.50	2 Waffles 2 Eggs 2 Sausage links \$2.50	Ham Steak & Eggs w/Home Fries & Toast \$2.75	French Toast w/2 Eggs & Bacon or Sausage Links \$2.50
<b>Grilled Greats</b> 	SGT. Pepper's Texas Steak \$3.50	Hot Mama Burger \$2.85	Grilled Roast Beef \$2.75	Italian Cheese Steak Hoagie \$2.75	Grilled Tuna Melt \$2.50
<b>Healthy Choice</b> 	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce
<b>Specialty Station</b> 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza  Chicken Salad Sub \$2.70	Potato Bar \$1.75 Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza  Turkey Bacon Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
<b>Feature Vegetables</b> 	Chef's Choice	Buttered Corn Spinach Whipped Potatoes w/gravy Colonial Style Cabbage	Glazed Carrots Macaroni & Cheese Stewed Tomatoes Onion Rings	Mashed Potatoes & Gravy Peas Red Beets	Chef's Choice
<b>Daily Special</b> 	Baked Spaghetti w/Garlic Toast \$3.95	Chef's Special	Pork Barbeque Sandwich w/1 Vegetable \$3.95	Hot Turkey Sandwich w/2 Vegetables \$4.25	Tuna Casserole w/1 Vegetable \$3.95
<b>Daily Special</b> 	Chef's Special	Stuffed Chicken Breast w/choice of 2 Vegetables \$4.25	Batter Dipped Fish W/2 Vegetables \$4.25	Baked Lasagna w/Garlic Toast \$3.95 w/Salad \$4.25	Chef's Choice \$3.95
<b>Soup Du Jour</b> 	Chicken Corn Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Potato Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Macaroni Beef Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Ham & Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Seafood Bisque Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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# NSA MENU









WEEK OF MAY 23<sup>RD</sup> THROUGH 27<sup>TH</sup>

	Monday 23 May	Tuesday 24 May	Wednesday 25 May	Thursday 26 May	Friday 27 May
<b>Morning Eye Openers</b> 	2 Eggs 2 Bacon Strips or Sausage Links 2 Toast Home Fries \$2.50	Hot Cakes Scrambled Eggs & Bacon Strips or Sausage Links \$2.50	Breakfast Burritos \$2.95	French Toast w/2 Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 pcs of Toast \$2.75
<b>Grilled Greats</b> 	Grilled Rubeen Sandwich \$2.75	Zeus Gyro \$2.95	Cheeseburger Hoagie \$2.75  add French Fries \$ .75	Turkey Burger w/Bacon \$2.75	Patty Melt \$2.75
<b>Healthy Choice</b> 	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce
<b>Specialty Station</b> 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza  Roast Beef & Cheese on a Croissant \$2.75	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Potato Bar \$1.75	Pizza  Turkey Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
<b>Feature Vegetables</b> 	Scalloped Potatoes Green Beans & Corn Cauliflower	Whipped Potatoes Green Beans Wax Beans	Chef's Choice	Brussel Sprouts Corn Whipped Potatoes w/Gravy	Mixed Vegetables  Cole slaw  French Fries
<b>Daily Special</b> 	Chef's Choice	Hot Roast Beef Sandwich w/2 sides \$4.25	Taco Salad (served in a 12" tortilla shell) \$4.25	Chicken Pot Pie \$3.95	Spaghetti & Meatballs \$3.95
<b>Daily Special</b> 	Beef Porcupines w/2 Vegetables \$4.25	Garlic Chicken w/2 Vegetables \$4.25	Chef's Choice	Baked Meat Loaf w/choice of 2 Vegetables \$3.95	Fish & Fries \$4.25
<b>Soup Du Jour</b> 	Ham & Corn Chowder Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Southwest Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Beef Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Clam Chowder Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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# NSA MENU

WEEK OF MAY 30<sup>th</sup> THROUGH JUNE 3<sup>RD</sup>

	Monday 30 May	Tuesday 31 May	Wednesday 01 June	Thursday 02 June	Friday 03 June
<b>Morning Eye Openers</b> 	MEMORIAL DAY	Hot Cakes Scrambled Eggs & Bacon Strips or Sausage Links \$2.50	Pepper Sausage Gravy over Biscuits 2 Eggs \$2.95	French Toast w/2 Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 pcs of Toast \$2.75
<b>Grilled Greats</b> 	MEMORIAL DAY	Italian Steak \$2.75	Pork Barbecue Sandwich \$2.75	Cowboy Burger Grilled Mushrooms & Onions, Bacon, & Monterey Jack Cheese \$2.75	Home Made Crab Cake Sandwich \$2.50
<b>Healthy Choice</b> 	MEMORIAL DAY	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce	Salad Bar w/Fresh Vegetable & Fruit \$.25 per ounce
<b>Specialty Station</b> 	MEMORIAL DAY	Pizza  Cold Meatloaf Sandwich \$2.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Potato Bar \$1.75	Pizza	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
<b>Feature Vegetables</b> 	MEMORIAL DAY	Baked Beans Sliced Carrots Corn on Cob Buttered Noodles	Macaroni & Cheese Buttered Corn Mixed Vegetables Stewed Tomatoes	Mashed Potatoes w/Gravy Garden Peas Buttered Corn Bread Stuffing	Chef's Choice Zucchini & Tomatoes
<b>Daily Special</b> 	MEMORIAL DAY	Chef's Choice	Batter Dipped Fish w/choice of 2 Vegetables \$4.25	Chef's Choice	Chicken Sstuffing Casserole w/1 Vegetable \$4.25
<b>Daily Special</b> 	MEMORIAL DAY	BBQ Chicken w/2 Vegetables \$4.25	Chef's Choice	Roast Turkey w/choice of 2 Vegetables \$4.25	Chef's Choice
<b>Soup Du Jour</b> 	MEMORIAL DAY	Turkey Noodle Bowl \$1.70 Cup \$1.25	Barley Chicken Chili Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

